



September 2022

Military & Family Readiness Center (M&FRC)

Consolidated Support Facility - Building 20245, Suite 126
To register for classes or make an appointment, please call (505) 846-0741
or send email to Kirtland.FamilySupportEmployment@us.af.mil



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M&FRC Resource Center 9 computers with commercial Internet and CAC-reader, scanner, copier, printer, phone, fax, job announcements, handouts & reference materials.	Casualty Assistance Representative & Survivor Benefits Plan Bruce French 505-846-5508 bruce.french.1@us.af.mil Connie McCreary 505-853-1703 connie.mccreary@us.af.mil Tabitha Bush 505-853-1707 tabitha.bush.2@us.af.mil		August 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1	2 Family Day M&FRC Closed	3
4	5 Labor Day M&FRC Closed	6 Retiree Group Briefing 0800-1200	7 Newcomers' Welcome Orientation & Info Fair 0730-1230 First Duty Station - Officer 1330-1430	8 Separatee Group Briefing 0800-1130 Pre-Deployment Briefing 0900-1030 Ditching the Dorms 1330-1430	9 Capstone Event 0900-1100	10
11	12 Planning for Your Financial Future 1330-1430	13 Military Spouse 101 0900-1300	14 Plan Your Move 0800-1100 Résumé Writing 0900-1100 Retirement Planner Starter (TSP Vesting) 1330-1430	15 Training Day M&FRC Closed	16 Credit Management 1000-1100	17
18	19	20	21	22	23	24
	TAP Workshop 0800-1600			DOL Employment Track 0800-1600		
				Pre-Deployment Briefing 0900-1030	Home Buyer Workshop 0900-1100	
25	26 Saving and Investing - The Fundamentals 1330-1430	27 Retiree Group Briefing 0800-1200	28 Newcomers' Welcome Orientation & Info Fair 0730-1230	29 Separatee Group Briefing 0800-1130 Ditching the Dorms 1330-1430	30 Capstone Event 0900-1100 Hiring Event 0900-1200 Bundles for Babies 0900-1130	October 2022 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
Terri Stine 505-853-1713 terri.stine@us.af.mil						

Earn Leadership Pathways Points. Attend M&FRC events.

Learn. Grow. Explore.

Current M&FRC events in the Kirtland app

Personal Financial Counselors
 Ethel Tilley 505-853-1718 ethel.tilley@us.af.mil
 Christina Gilroy 505-414-5169 pfc.kirtland.usaf@zeiders.com

377 ABW Retiree Activities Office
 (505) 846-1536
377ABW.CVR.RetireeActivities@us.af.mil

AMVETS Veterans Service Officer is available Fridays between 0930-1430 to assist Service Members & Veterans with submitting their VA disability claims. Call the M&FRC to schedule an appointment.

Find us on **Facebook**
 Kirtland AFB A&FRF
 @KirtlandAFRF

Military & Family Life Counselors are here to listen. MFLCs are available to help Service Members, Family Members and Staff. **NO RECORDS ARE KEPT**
 (505) 415-4027 (505) 440-2481 (505) 730-0080

VA Benefits Advisor
 Available to assist Service Members, Veterans, Survivors, and Family Members learn about and maximize VA benefits and register on eBenefits.
 (505) 853-1707



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Retiree Group Briefing <i>(Initial Counseling, Preseparation Counseling & SBP Mass Briefing)</i> 6 & 27 September 2022, 0800-1130 (Room 120)	<p>Step 1 of the Transition Assistance Program (TAP) is Initial Counseling and Step 2 is Preseparation Counseling. Both Initial Counseling and Preseparation Counseling must be accomplished not less than 365 days before separation or retirement. TAP is mandatory for all separating/retiring Service members on Title 10 orders for 180 or more consecutive days. Service members should start TAP up to 18 months before separation or up to 24 months before retirement. Spouses are welcome and encouraged to attend.</p> <p>The Self-Assessment and Individual Transition Plan (ITP) must be completed and returned to the M&FRC before attending Initial Counseling.</p>
Separatee Group Briefing <i>(Initial Counseling & Preseparation Counseling)</i> 8 & 29 September 2022, 0800-1130 (Room 120)	<p>Preseparation Counseling ensures Service members are informed of the services and benefits available to assist them and their families with the transition to civilian life. Spouses are welcome and encouraged to attend.</p>
Newcomers' Welcome Orientation 7 & 28 September 2022, 0730-1130 (Room 120)	<p>This event is mandatory for all personnel who PCS to Kirtland AFB to accomplish essential briefings. Family members are welcome and encouraged to attend. Briefers include Base Leadership, SARC, Safety Office, Base Emergency Preparedness Office, IG Office, OSI, 377 SFS, Environmental Office, Public Affairs, Chaplain Corps, Casualty Assistance, Voting Assistance, A&FRF and Family Advocacy. Info Fair held after briefings. Continental breakfast and lunch provided.</p> <p>30 Leadership Pathways Points (Awarded for Family Members Only)</p>
First Duty Station - Officer 7 September 2022, 1330-1430 (M&FRC Training Room)	<p>Participants will learn about personal financial budgets, debt reduction, Thrift Savings Plan, the Air Force Aid Society, and other financial topics to assist themselves and those they supervise. All first duty station officers are required to attend this brief within 90 days of being arriving at Kirtland AFB.</p>
Pre-Deployment Briefing 8 & 22 September 2022, 0900-1030 (M&FRC Training Room)	<p>Military and civilian personnel who are about to deploy for 30 days or more are required to attend the Pre-Deployment Briefing. The briefing includes Financial Readiness touch point training, Voting Assistance information and more. Family members are welcome and highly encouraged to attend.</p>
Ditching the Dorms 9 & 29 September 2022, 1330-1430 (M&FRC Training Room)	<p>This class helps Airmen financially prepare for the cost of moving into their own place. Discussion includes financial readiness, initial costs, renter's insurance, and the importance of emergency savings for unexpected costs.</p>
Capstone Event 9 & 30 September 2022, 0900-1100 (M&FRC)	<p>Step 4 of Transition Assistance Program (TAP) is Capstone which must be accomplished not later than 90 days before separation or retirement. Capstone is a one-on-one meeting with A&FRF staff to verify completion of Career Readiness Standards (CRS), and a viable Individual Transition Plan (ITP). Capstone is not complete until the transitioning Service member's commander certifies that the Service member is prepared to transition to civilian life by reviewing and signing the Service member's eForm.</p>
Planning for Your Financial Future 12 September 2022, 1330-1430 (M&FRC Training Room)	<p>This presentation provides attendees with information and tools to understand one's motivations regarding money, write SMART personal financial goals, and develop a personal spending plan to achieve personal financial goals.</p>
Military Spouse 101 13 September 2022, 0900-1300 (Room 120)	<p>Formerly known as Heart Link, Military Spouse 101 is a fun way for new military spouses to learn about Air Force customs/traditions, benefits entitlements, support agencies and services on base. Designed for spouses with 5 years or less in the Air Force, however all spouses are welcome. 40 Leadership Pathways Points</p>
Résumé Writing 14 September 2022, 0900-1100 (M&FRC Training Room)	<p>Unsure of which résumé style best suits you? Learn how to begin the process of writing an effective résumé to obtain your private sector career.</p> <p>20 Leadership Pathways Points</p>
Retirement Planner Starter (TSP Vesting) 14 September 2022, 1330-1430 (M&FRC Training Room)	<p>Are you taking full advantage of your Thrift Savings Plan (TSP)? Become familiar with contribution limits, tax-deferred investments, and rates of return. Learn what options are available after separating from the military or civil service. Mandatory Financial Touchpoint Training for members with 25 months of service.</p>
Credit Management 14 September 2022, 1000-1000 (M&FRC Training Room)	<p>This presentation provides attendees with the knowledge to build and protect their credit health and reduce the cost of credit, so one can make informed decisions about obtaining credit and establish good habits for using credit wisely.</p>
TAP Workshop 19-21 September 2022, 0800-1600 (Room 120)	<p>Step 3 of the Transition Assistance Program (TAP) is the 3-day TAP Workshop and one or more of the 2-day Transition Tracks. The TAP Workshop helps transitioning Service members prepare for civilian life and meet the mandatory Career Readiness Standards. Monday is the mandatory DoD Training Day. Tuesday is the mandatory VA Benefits and Services briefing. Wednesday is the DOL Employment Fundamentals of Career Transition, which is mandatory unless exempt. Initial Counseling and Preseparation Counseling must be completed before attending the TAP Workshop. Spouses are welcome and encouraged to attend. Dress code is casual civilian business attire. Participants should bring their personal laptop to use for workshop activities. Wi-Fi is available in the classroom. Initial Counseling and Preseparation Counseling must be accomplished before attending the TAP Workshop.</p>
DOL Employment Track 22-23 September 2022, 0800-1600 (Room 120)	<p>Step 3 of the Transition Assistance Program (TAP) is the 3-day TAP Workshop and one or more of the 2-day Transition Tracks. The Department of Labor (DOL) Employment Workshop is a comprehensive 2-day workshop that covers emerging best practices in career employment, including in-depth training to learn interview skills, build effective resumes, and use emerging technology to network and search for employment. Spouses are welcome and encouraged to attend. Dress code is casual civilian business attire. Participants should bring their personal laptop to use for workshop activities. Wi-Fi is available in the classroom. Initial Counseling, Preseparation Counseling and the 3-day TAP Workshop must be completed before attending this workshop.</p>
Home Buyer Workshop 23 September 2022, 0900-1100 (M&FRC Training Room)	<p>Learn how to purchase a home and what steps are involved in the process. 20 Leadership Pathways Points</p>
Saving and Investing - The Fundamentals 14 September 2022, 1330-1430 (M&FRC Training Room)	<p>This presentation introduces attendees to saving and investing terminology, types of saving and investing accounts in terms of risk, liquidity, rate of return, and types of retirement accounts in terms of contribution limits, taxes, and withdrawals.</p>
Hiring Event 30 September 2022, 0900-1200 (Room 120)	<p>Your new career awaits! Job-seekers are encouraged to dress professionally, and bring multiple copies of their updated résumés. Numerous employers will be present. Active Duty, Guard, Reserve, Retirees, DoD Civilians, and Eligible Family Members are encouraged to attend this FREE event.</p>
Bundles for Babies 30 September 2022, 0900-1130 (M&FRC Training Room)	<p>Bundles for Babies provides valuable information to help parents prepare and adjust to a new baby. Local experts will share knowledge and answer questions. Air Force, Space Force, Navy, Marine and Coast Guard families will receive a \$50 gift card to the AAFES Exchange, compliments of the Air Force Aid Society. 25 Leadership Pathways Points</p>