

# **Did you know the New Parent Support Nurse can help you with...**

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- **Questions about pregnancy, parenting, and relationships?**
  - **Questions about breastfeeding or nutrition?**
  - **Questions about baby's growth and development?**
  - **Questions about sleep or tantrums or toilet training?**
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**If you are expecting or have a child under 36 months and have these or any other questions, call the Family Advocacy Nurse at 505-846-6743 or 505-846-0139 or email: [deborah.j.osullivan.civ@mail.mil](mailto:deborah.j.osullivan.civ@mail.mil)**

