





May 2024

Military & Family Readiness Center (M&FRC)

Consolidated Support Facility - Building 20245, Suite 126
Call 846-0741/0751 or send e-mail to 377FSS.FSH.MFRF@us.af.mil
to register for classes or make an appointment



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																																																																											
<p>Attend A&FRF events and earn Leadership Pathways Points.</p> 	<p>April 2024</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					<p>June 2024</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<p>1</p> <p>Plan My Move 0800-1100 Room 120</p> <p>First Duty Station - Officer 1300-1500 M&FRC Training Rm</p>	<p>2</p> <p>Separatee Group Briefing 0800-1130 Room 120</p> <p>Ditching the Dorms 1330-1500 M&FRC Training Rm</p>	<p>3</p> <p>Capstone Event 0900-1100 by appointment</p>	<p>4</p>
S	M	T	W	T	F	S																																																																																											
	1	2	3	4	5	6																																																																																											
7	8	9	10	11	12	13																																																																																											
14	15	16	17	18	19	20																																																																																											
21	22	23	24	25	26	27																																																																																											
28	29	30																																																																																															
S	M	T	W	T	F	S																																																																																											
						1																																																																																											
2	3	4	5	6	7	8																																																																																											
9	10	11	12	13	14	15																																																																																											
16	17	18	19	20	21	22																																																																																											
23	24	25	26	27	28	29																																																																																											
30																																																																																																	
<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p> <p>Initial Counseling 0800-1200 by appointment</p>	<p>9</p> <p>DOL Employment Workshop 0800-1600 (Room 120)</p> <p>Understanding, Building and Protecting Your Credit 1330-1500 M&FRC Training Rm</p>	<p>10</p> <p>Home Buying 101 0900-1200 M&FRC Training Rm</p> <p>Annual Volunteer Recognition Ceremony 1100-1400 Phillips Conference Center</p>	<p>11</p>																																																																																											
<p>12</p> 	<p>13</p> <p>SBA Entrepreneurship Track 0800-1600 (Room 120)</p>	<p>14</p> <p>Retiree Group Briefing 0800-1200 M&FRC Training Rm</p>	<p>15</p> <p>Separatee Group Briefing 0800-1100 Room 120</p> <p>Résumé Writing 0900-1100 M&FRC Training Rm</p> <p>Car Buying Workshop 1330-1500 M&FRC Training Rm</p>	<p>16</p> <p>377 ABW Training Day M&FRC Closed</p> <p>Ditching the Dorms 1330-1430 M&FRC Training Rm</p>	<p>17</p> <p>Capstone Event 0900-1100 by appointment</p> <p>Hiring Event 0900-1200 Room 120</p> <p>Bundles for Babies 0900-1130 M&FRC Training Rm</p> <p>Military Spouse Appreciation 1700-1900 CORE</p>	<p>18</p> <p>Cookout & Games for Hearts Apart/EFMP/ AFFF/ WW 1300-1600 Millenium Park</p>																																																																																											
<p>19</p>	<p>20</p>	<p>21</p> <p>Own Your VA Benefits 1000-1100 M&FRC Training Rm</p> <p>Financial Planning for Divorce 1330-1500 M&FRC Training Rm</p>	<p>22</p> <p>Initial Counseling 0800-1200 by appointment</p> <p>Linkedin or Left Out 1330-1500 M&FRC Training Rm</p>	<p>23</p> <p>Saving, Investing, IRAs & TSP 1330-1500 M&FRC Training Rm</p>	<p>24</p> <p>AFGSC Family Day M&FRC Closed</p>	<p>25</p>																																																																																											
<p>26</p>	<p>27</p> <p>Memorial Day M&FRC Closed</p>	<p>28</p> <p>Retiree Group Briefing 0800-1200 Room 120</p> <p>Ditching the Dorms 1330-1430 M&FRC Training Rm</p>	<p>29</p> <p>Newcomers' Welcome Orientation, Info Fair & Bus Tour 0730-1400 Room 120</p>	<p>30</p> <p>Separatee Group Briefing 0800-1100 Room 120</p>	<p>31</p> <p>Capstone Event 0900-1100 by appointment M&FRC</p>																																																																																												

Current M&FRC events are in the AF Connect app



EFMP Family Support
Tabitha Bush
505-853-1707
tabitha.bush.2@us.af.mil

Facebook
Find us on
Kirtland AFB Military & Family Readiness Center

Personal Financial Readiness
Kathy Hobbs 505-853-1718 kathleen.hobbs.1@us.af.mil
Aaron Arner 505-853-1713 cell 505-220-8732 pfc.kirtland@MagellanFederal.com

Casualty Assistance Representative & Survivor Benefits Plan (SBP)
Jesus Palomino-Alcantar 505-846-5508 jesus.palomino_alcantar@us.af.mil
Tabitha Bush 505-853-1707 tabitha.bush.2@us.af.mil

Military & Family Life Counselor (MFLC)
505-415-4027 505-440-2481 505-730-0080

377 ABW Retiree Activities Office
505- 846-1536 377ABW.CVR.RetireeActivities@us.af.mil

M&FRC Resource Center has 9 computers with commercial Internet and CAC reader, scanner, printer, phone, fax & job announcements.



Military & Family Readiness Center (M&FRC)

Consolidated Support Facility - Building 20245, Suite 126

Call 846-0741/0751 or send e-mail to 377FSS.FSH.MFRF@us.af.mil to register for classes or make an appointment.



Plan My Move 1 May 2024, 0800-1100 Room 120	First time moving? Not your first PCS move? Separating? Have questions about your upcoming government move? Representatives from the following agencies will provide information and answer questions: Military & Family Readiness Flight, Installation Voting Assistance Office, Military One Source, TMO-Household Goods, Finance-Travel Entitlements, Personal Financial Readiness, Military Housing Office, Kirtland Family Housing, TRICARE, Military & Family Life Counselors (MFLC), School Liaison Officer & Exceptional Family Member Program.
First Duty Station - Officer 1 May 2024, 1300-1500 M&FRC Training Room	Participants will learn about personal financial budgets, debt reduction, Thrift Savings Plan, the Air Force Aid Society, and other financial topics to assist themselves and those they supervise. All first duty station officers are required to attend this brief within 90 days of being arriving at KAFB.
Separatee Group Pre-Separation Counseling 2, 15 & 30 May 2024, 0800-1100 Room 120	Step 2 of TAP is Preseparation Counseling and must be accomplished not less than 365 days before separation or retirement . Initial Counseling must be completed before attending. Pre-Separation Counseling ensures Service members are informed of the services and benefits available to assist them and their families with the transition to civilian life. Spouses are welcome and encouraged to attend.
Retiree Group Briefing 14 May 2024, 0800-1200 M&FRC Training Room 28 May 2024, 0800-1200 Room 120	The Survivor Benefit Plan (SBP) Mass Briefing is mandatory for all retiring Service members. SBP provides the survivors of participating retirees a monthly income that starts when the member dies and retired pay stops. Spouses are welcome and strongly encouraged to attend.
Ditching the Dorms 2, 16 & 28 May 2024, 1330-1500 M&FRC Training Room	This class helps Airmen financially prepare for the cost of moving into their own place. Discussion includes financial readiness, initial costs, renter's insurance, and the importance of emergency savings for unexpected costs.
Capstone Event 3, 17 & 31 May 2024, 0900-1100 by Appointment M&FRC	Step 4 of the Transition Assistance Program (TAP) is the Capstone Event which must be accomplished not less than 90 days before separation or retirement. Capstone is a one-on-one meeting with M&FRC staff to verify completion of Career Readiness Standards (CRS), and a viable Individual Transition Plan (ITP). Capstone is complete after the Service member's commander has reviewed and signed the Service member's eForm
TAP Workshop 6-8 May 2024, 0800-1600 Room 120	Step 3 of the Transition Assistance Program (TAP) is the 3-day TAP Workshop and the 2-day Transition Tracks. The TAP Workshop helps transitioning Service members prepare for civilian life and meet the mandatory Career Readiness Standards. Dress code is casual civilian business attire. Participants should bring their personal laptop to use for workshop activities. Wi-Fi is available in the classroom. Initial Counseling and Preseparation Counseling must be completed before attending the TAP Workshop.
DOL Employment Track 9-10 May 2024, 0800-1600 Room 120	Step 3 of TAP is the 3-day TAP Workshop and one or more of the 2-day Transition Tracks. The 2-day DOL Employment Workshop covers emerging best practices in career employment, including in-depth training to learn interview skills, build effective resumes, and use emerging technology to network and search for employment. Spouses are welcome and encouraged to attend. Dress code is casual civilian business attire. Participants should bring their personal laptop to use for workshop activities
Understanding, Building and Protecting Your Credit 9 May 2024, 1330-1500 M&FRC Training Rm	Learn about creating and keeping a good financial reputation to maintain your security clearance and obtain credit on the best terms.
Initial Counseling 8 & 22 May 2024, 0800-1200 By Appointment M&FRC	Step 1 of the Transition Assistance Program (TAP) is Initial Counseling which must be accomplished not less than 365 days before separation or retirement . Service members should start TAP 24-14 months before separation or retirement. The Self-Assessment and Individual Transition Plan (ITP) must be completed and returned to the M&FRC before attending Initial Counseling.
Home Buying 101 10 May 2024, 0900-1200 M&FRC Training Rm	Learn about home buying decisions, what it cost to buy a home, the top 3 financial missteps when buying housing, the role of Real Estate Agents, how to prequalify for a mortgage and the types of mortgage loans.
Annual Volunteer Recognition Ceremony 10 May 2024, 1100-1400 Room	Team Kirtland Volunteers will be honored. The Volunteer Excellence Award will be presented at the ceremony, an honor that can only be received once in a lifetime.
SBA Entrepreneur Training 13-14 May 2024, 0800-1600 Room 120	Step 3 of the Transition Assistance Program (TAP) is the 3-day TAP Workshop and member selected 2 day Transition Tracks. SBA Entrepreneurship provides participants with an introductory understanding of business ownership. The course provides an overview of entrepreneurship and applicable business ownership fundamentals. Participants are introduced to the skills, knowledge, and resources they need to launch a business.
Résumé Writing 15 May 2024, 0900-1100 M&FRC Training Room	Learn how to begin the process of writing an effective résumé which will open the door to your next career opportunity. 20 Leadership Pathways Points
Car Buying Workshop 15 May 2024, 1330-1500 M&FRC Training Rm	Partnering with Sandia Area FCU our Financial Readiness team will provide information and resources about making educated car purchases
Hiring Event 17 May 2024, 0900-1200 Room 120	Your new career awaits! Job seekers are encouraged to dress professionally and bring multiple copies of their updated résumés. Numerous employers will be present. Active Duty, Guard, Reserve, Retirees, DoD Civilians, and Eligible Family Members are encouraged to attend this FREE event.
Bundles for Babies 17 May 2024, 0900-1130 M&FRC Training Room	Are you ready for your baby to arrive? Bundles for Babies, provides information to help parents prepare and adjust to a new baby. Active duty Air Force, Marine and Navy families will receive an AAFES gift card, compliments of the Air Force Aid Society. 25 Leadership Pathways Points
Military Spouse Appreciation 17 May 2024, 1700-1900 CORE	Military spouses are invited to participate in guided watercolor painting and beer/wine tasting at Arts & Crafts located in CORE.
Cookout & Game for Hearts Apart/EFMP/ AFF/ WW 18 May 2024, 1100-1400 Millenium Park	The M&FRC invites all Hearts Apart families, EFMP families, Air Force Families Forever and Wounded Warriors and their families for a cookout and games. Please register by calling the M&FRC 505-846-0741/0751 by Wednesday, 15 May 2024.
Own Your VA Benefits 21 May 2024, 0900-1000 M&FRC Training Room	Learn about VA benefits, services and how to navigate the websites and set up and use your va.gov account.
Financial Planning for Divorce 21 May 2024, 1330-1500 M&FRC Training Room	Touchpoint financial information for personnel recently or soon-to-be divorced.
Linkedin or Left Out 22 May 2024, 1330-1500 M&FRC Training Room	Participants learn how to create and optimize their LinkedIn profile, as well as strategies to create content that will attract attention of employers. 10 Leadership Pathways Points
Saving, Investing, IRAs & TSP 23 May 2024, 1330-1500 M&FRC Training Rm	Learn about ways to save and invest for today, tomorrow and your future utilizing TSP, bank and brokerage accounts.
Newcomers' Welcome Orientation, Info Fair & Bus Tour 29 May 2024, 0730-1400 Room 120	This mandatory event is for personnel new to Kirtland AFB to accomplish required briefings and provide information from key agencies. Info Fair and Bus Tour of Kirtland AFB follows the briefings. Continental breakfast and Lunch provided. Spouses are welcome and encouraged to attend. 30 Leadership Pathways Points (for Family Members only)