

KIRTLAND LEADERSHIP PATHWAYS (Updated October 2020)

Kirtland Leadership Pathways is open to AD Military, their Spouses, and DoD Civilians.

Learn. Grow. Explore.

WHAT IT IS AND HOW IT WORKS:

Leadership Pathways is professional and personal development for leaders of all levels.

The purpose is to increase your knowledge and ability to be a strong, resilient Wingman. The Leadership Pathways program includes voluntary classes / events / programs offered on Kirtland AFB.

If you do not see a course listed below that you would like to have considered for inclusion in Leadership Pathways course catalog, please contact Teresa Reinhard at 505-846-6427.

Due to COVID19, many in-person classes and courses are suspended at this time. Please call the POC for the listed course, class, or activity to inquire if it is being offered or being offered in a virtual format. Thank you for your patience.

Military members and DoD civilian employees who earn 200 points in a 12 month period will be eligible for a Leadership Pathways Certificate of Accomplishment and a Leadership Pathways Coin. Family members of military personnel and NAF employees will be eligible to receive a Leadership Pathways Certificate of Accomplishment.

STEP 1: Call the contact number, listed in each course description, to inquire about course/event date, time, and location and to register. Most courses/events are open to anyone who has base access. However, a few select courses are intended for either only military members and/or DoD civilian employees or for couples, etc. Please call the contact person for clarification on who may attend.

STEP 2: Leadership Pathways students must obtain course or event attendance receipts and scan all receipts upon accruing 200 points to Ms. Teresa Reinhard, Community Support Coordinator. She will confirm course attendance and verify points. A Leadership Pathways Coin and Leadership Pathways Certificate of Accomplishment will be delivered to your leadership.

LEADERSHIP PATHWAYS COURSE CATALOG

Communication & Relationship Courses

Anger Management

Registration Required

Contact Mental Health at 505-846-3305 to register

Earn 80 points!

An 8-hour class that explains the physiology as well as the psychology of anger, the connection between thought, feeling and behavior, and helps participants learn to recognize their own anger triggers and develop strategies to manage these more effectively. Participants also learn how to use effective stress management and relaxation techniques. Offered quarterly and open to all.

Effective Communication - Intro to True Colors

Contact A&FRF Staff at 505-846-0741

Earn 20 points!

Discover your True Colors (personality type) to better understand yourself and improve your relationships at home, school, or work! Great tool for couples to better their relationship.

Stress Management

Contact Family Advocacy at 505-846-0139

Earn 30 points!

A 3-hour workshop to learn the basic skills of effective stress management. Participants will be able to identify the physical, mental and emotional components of stress and learn how to negate these effects. Participants will learn “healthy thinking,” relaxation, and assertiveness techniques to reduce the impact of stress in our daily lives.

Strong Bonds (PREP) for Couples

Contact Family Advocacy at 505-846-0139

Earn 120 points!

Strong Bonds is a 12-hour class for couples who would like to improve their current relationship. The class covers such topics as effective communication, expectations and relationships, the importance of having fun, identifying issues and hidden issues, forgiveness, sensuality and sexuality, the military impact on relationships, and commitment.

Community Connections

Bus Tour of Kirtland AFB

Contact A&FRF Staff at 505-853-1703

Earn 15 points!

Held every three weeks, in conjunction with the KAFB Newcomers Orientation and Information Fair, from 0715-1330 in the Mountain View Club. Reservations required. Newly arriving members are invited on this exclusive guided tour of Kirtland AFB to become familiar with on-base resources.

Military Spouse 101

Contact A&FRF Staff at 505-846-0741

Earn 50 points!

Military Spouse 101 is a fun way to learn about Air Force customs/traditions, benefits, entitlements, and support agencies and services on base. Open to spouses and partners of military members.

New Mexico at Its Best

Contact A&FRF Staff at 505-846-0741

Earn 15 points!

Red? Green? Christmas? An introduction to all things New Mexico. Let us share with you the amazing things about the Land of Enchantment, including food sampling, travel & leisure tips surrounding the Duke City, as well as its cultural diversity.

Equal Opportunity

EO Training

Contact Ms. Misty Butts at 505-846-7579

Earn 20 points!

A 2-hour course in which students will be exposed to EO topics in the news. Emphasis of the lesson is on prevention/resolution of sexual harassment, understanding AF standards of conduct in the workplace, other aspects of EO program (race, religion, etc.) will be addressed. Any military or civilian would benefit from the training, particularly first line supervisors/work-leads. Must have 4 or more students registered to schedule a class.

Disability Etiquette (Module 1) and Reasonable Accommodations (Module 2)

Contact Ms. Sundra Thomas at 505-853-1774

Earn 10 points!

The training provided by the Computer Electronic Accommodation Program (CAP) provides information for employees and supervisors when working with employees and customers who have disabilities. Both modules take about 1 hour to complete. Open to Active Duty and DoD civilian employees only. Taught via Online Training Modules (self-paced). For in-person class option, must have 4 or more students registered to schedule a class.

Financial Smarts

Budget 101 Workshop

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

Budget planning is the first step of financial planning. It is never too late to start. This workshop will provide you with helpful information to assist you in the development and follow-up of your budget. You will learn how to identify where you can make costs and adjustments to start saving money and reach your goals.

Developing Your Spending Plan

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

This presentation emphasizes the need for establishing a financial plan and introduces components of a spending plan and the financial planning worksheet. It presents tips to manage spending, suggestions for an ideal spending breakdown, and SMART goals to assist in establishing financial priorities.

Dream Big, Plan Now: Making your Ideal Retirement Reality

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

This presentation is intended for active duty members and their spouses/partners. Topics include sources of income, steps to planning retirement and the Thrift Savings Plan. It introduces and compares the Final Pay, High-36, and CSB/Redux military retirement plans, as well as the Blended Retirement System.

Investment Planning

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

Basic investment planning tips, identifying goals and objectives, and importance of having a diversified portfolio will be addressed.

Officer First Duty Station

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

A personal financial readiness workshop presented monthly to First Duty Station Officers. Topics covered include personal financial budgets, credit management, and other financial topics for personal and leadership use.

Plan Your Move

Contact A&FRF Staff at 505-846-0741

Earn 25 points!

Plan to attend if you will PCS to a new assignment location. Reservations required. Representatives from Finance, TMO, Legal, housing, and the Airman & Family Readiness Flight provide information and answer questions about your government move.

Saving and Investing: Simple Tips to Secure a Strong Financial Future

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

This presentation distinguishes between saving and investing approaches and identifies saving and investing options available to service members. Included in the presentation is a list of resources to assist with saving and investing activities.

Take Control of Your Finances: Managing Credit and Debt

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

Information on credit establishment, credit management, and debt relief. Introduces debt-to-income ratio, importance of monitoring credit reports, and scores, and briefly addresses the Servicemembers Civil Relief Act (SCRA) and bankruptcy.

Where Are We With TSP and BRS?

Contact A&FRF Staff at 505-846-0741

Earn 10 points!

Discussion on the Thrift Savings Plan (TSP) and the Blended Retirement System (BRS) goals.

Parenting

Bundles for Babies

Contact A&FRF at 505-846-0741

Earn 20 points!

Are you ready for your baby to arrive? Bundles for Babies provides information to help parents prepare and adjust to a new baby. Each USAF active duty family will receive a gift bundle compliments of the Air Force Aid Society. Open to military members or those who have a military spouse or military partner.

Parenting with Love and Logic

Contact Family Advocacy at 505-846-0139

Earn 120 points!

A fun and very useful parenting program that works with any age child. Love and Logic uses videos and other tools to help parents learn to put an end to arguing, back talk and begging. Parents also learn how to raise responsible kids, set limits, avoid power struggles, and help their kids learn how to solve their own problems. This class is a 12-hour class offered quarterly. Open to everyone. Next offering will be 13 Jan - 17 Feb 2021 on Wednesdays, 4-5:30 p.m.

Special Needs Information Fair

Contact A&FRF at 505-846-0741

Earn 10 points!

A Resource & Information Fair. The Info Fair strives to facilitate and coordinate community support for parents, families and caregivers of children with special needs by providing information, education, support, social opportunities, referral, advocacy and other valuable services. Offered one time annually.

Physical Fitness

Better Body, Better Life

Contact Ms. Kirsten David at 505-846-1186

Earn 50 points!

A 5 week class, meets for one hour per week. The program is designed to help individuals seeking to lose weight and enjoy an overall healthy lifestyle. It includes general information on nutrition, physical activity and behavioral issues dealing with weight and lifestyle issues. Open to Tricare beneficiaries only.

Tobacco Cessation Class

Contact Mr. Guy Leahy at 505-846-1186

Earn 30 points!

Our program covers the dangers of tobacco use and how the participant will gain a healthy life from quitting tobacco products, stress management skills, ways to exercise and start healthy living habits, nutrition, oral health, and how to overcome relapse and continue to live tobacco free. Open to Tricare beneficiaries only.

Resilience Courses

Kirtland Talks/Storytellers

Contact Ms. Teresa Reinhard at 505-846-6427

Earn 10 - 15 points!

Local leaders from the base or community present 15-18 minute talks at each session. The focus is on resiliency, from a personal perspective. Contact Ms. Teresa Reinhard if you would like to speak. Format is based loosely on the TED Talks concept. Video recording of two storytellers is available at <https://www.dvidshub.net/video/766375/kirtland-afb-storytellers>.

The 56 minute video features Col (ret) Mohsen Parhizkar, AFNWC, and Capt Ryan Warner, 377 MDG, Mental Health, speaking on racial inequity and overcoming adversity.

Resiliency/Leadership Speakers

Contact Ms. Teresa Reinhard at 505-846-6427

Earn 10 - 15 points!

Nationally known professional speakers are invited to speak at the base. Contact Ms. Teresa Reinhard if you know about a speaker who has a valuable message to share with our Airmen and their families. Past speakers have included Col (ret.) Lee Ellis, Kevin Hines, Dan Clark, Joe Dillon, Kyle Maynard, and Scott, Frank, & Jolene Lilley

Resilience Training Assistants (RTA)

Contact Ms. Teresa Reinhard at 505- 846-6427

Earn 60 points!

Completion of RTA course which is offered in a virtual format.

Special Observance Themes - Open to all who have base access. Call Ms. Sundra Thomas at 505-846-1774 to inquire about dates, times, and venues for the following special observances.

African American/Black History Month

Earn 15 points!

Annual Observance, A Century of Black Life, History, and Culture.

Authorization: Public Law 99-244. Events held 1-29 Feb.

Asian American and Pacific Islander Heritage Month

Earn 15 points

Course/Event Description: Annual Observance, Asian Pacific American Events.

Authorization: Title 36, U.S. Code, Section 102. Events held 1-31 May

Hispanic Heritage Month

Earn 15 points!

Hispanics: Annual Observance, A legacy of history, a present of action and a future of success. Authorization: Title 36, U.S. Code, Section 126. Events held 15 Sept -15 Oct.

Holocaust Remembrance Day, Days of Remembrance

Earn 15 points!

Annual Observance, Sponsored by United States Holocaust Memorial Museum.

Public Law 69-388 and Presidential Proclamation. Events held in April.

LGBT Pride Month

Earn 15 points!

Annual Observance Events held 1-30 June.

Martin Luther King's Birthday

Earn 15 points!

Remember! Celebrate! A Day On, Not a Day Off! Authorization: Public Law 98-144. Annual Observance Events held on/about 3rd Monday of January

National American Indian Heritage Month

Earn 15 points!

Annual Observance Events, Native Pride and Spirit Yesterday, Today and Forever. Authorization: Public Law 102-188, Executive Order 13270 and Presidential Proclamation. Ceremonies will be held on 1-30th November.

National Disability Employment Awareness Month

Earn 15 points!

Annual Observance Events, Expect. Employ. Empower. U.S. Department of Labor. Authorization: Title 36, U.S. Code, Section 121. Ceremonies will be held on 1-31st October.

Women's Equality Day

Earn 15 points!

Celebrating Women's Right to Vote. Women's History Project.

Authorization: Joint Resolution of Congress, 1971 and Presidential Proclamation. Recognition is on or around 26 August.

Women's History Month

Earn 15 points!

Annual Observance Events, Weaving the Stories of Women's Lives.

Authorization: Public Law 100-9. Events held 1-31 March.

Spiritual Connections

Audio/Visual/Tech Support for Services

Contact Chaplain Staff at 505-853-5000

Earn 20 points!

Be a part of our worship services at Kirtland by helping with our audio/visual and tech support. Available to our Catholic and Protestant communities on Sundays.

Gravity Council: Airman Ministry Center

Contact Chaplain Staff at 505-853-5000

Earn 20 points!

Great leadership opportunity; limited to E1 - E4

Musicians for Workshop Services

Contact Chaplain Staff at 505-853-5000

Earn 20 points!

Do you play an instrument? Do you enjoy singing for worship services? We need musicians and singers who want to join either our Catholic or Protestant communities on Sundays!

Protestant Adult Sunday School

Contact Chaplain Staff at 505-853-5000

Earn 20 points!

Join us for fellowship and religious education. Available on Sunday mornings.

Protestant Women of the Chapel

Contact Chaplain Staff at 505-853-5000

Earn 20 points!

Join us for fun and sisterhood on Monday evenings from 7 p.m. - 9 p.m.

Spouses of Active Duty Military Members

Most courses and programs listed in this course catalog are open to spouses of Active Duty Military Members. In addition, BOTH the spouse and their military member will earn 50 points for the spouse attending the First Term Airman Course (FTAC) Orientation, Initial Key Spouse Training, and the Airman Leadership School (ALS) Orientation.

Outdoor Recreation (ODR)

ODR offers tours and trips to include horseback trips, Balloon Fiesta trips, adventure weekends, rafting, skiing, snowboarding, climbing trips and classes, white water rafting, bike rides, and many more.

Events and classes all qualify for 10 points!

Outdoor Recreation charges a fee to participate in their trips, adventures, events and classes. Call 505-846-1499 to inquire or visit kirtlandforcesupport.com and go to the ODR page.

Veteran Benefits

Own Your VA Benefits Workshop

Contact VA Benefits Advisors at 505-846-0741

Earn 10 points!

A 1-hour session that explains and demonstrates the capabilities of the eBenefits website and Vets.gov self-service portals. Participants also have the opportunity to learn, manage and apply for the veteran benefits they have earned for their military service. Participants are encouraged to establish their personal eBenefits account. Offered once a month and open to Veterans, Active Duty, Guard, and Reserve Service Members, and their Family Members.

Volunteering

Volunteers may earn 10 points per hour, by volunteering at various organizations on the base. Volunteer positions and points earned must be validated by Base Chaplain Corps or by any Community Action Team (Helping Agency) member. Call Teresa Reinhard at 505-846-6427 or Chapel Staff at 505-853-5000, for questions and additional information about earning LP points for volunteer activities.

WELCOME TO KIRTLAND!

Team Kirtland Newcomers' Information Fair

Contact Marketing Office Staff at 505-846-1644

Earn 10 points!

Visit the On & Off Base Agencies' Information Tables to assist with an awareness of resources available.

Team Kirtland Newcomers' Welcome Orientation

Contact A&FRF at 505-846-0741

Earn 60 points!

Held every 3 weeks, in conjunction with the KAFB Tour and Information Fair, from 7:15 a.m. to 1:30 p.m. in the Mountain View Club. Reservations required. This orientation is for new DoD Personnel (military and civilian) and their spouses to accomplish essential briefings and receive information from key agencies.

Workplace, Professional Development, and Education Skills

Airman, NCO, & SNCO Professional Development Course

Contact the Career Assistance Advisor at 505-846-2640

Earn 35 points!

The APEC is a week-long Airman Tier professional enhancement course intended to enhance an Airman's ability to lead and follow in their duty sections to better prepare them to become successful supervisors. NCO and SNCO PEC build skills to develop leaders.

Airmanship 300 Facilitator Training/ Instruction

Contact Career Assistance Advisor at 505-846-2640

Earn 30 points for the Airmanship 300 course, plus an additional 10 points for facilitating one-hour at FTAC Airmanship 300!

The Airmanship 300 Facilitator training is a professional enhancement seminar (1 day course) intended to give the NCOs the tools to facilitate those blocks during FTAC classes. Open to SSgts, selects, and TSgts.

BTZ 101

Contact Person: MSgt Jessica De La Mora at 505-846-2640

Earn 25 points!

Course/Event Description: Designed for Airmen and supervisors to gain knowledge on what is needed to build a good BTZ package. It will also include a mock board to practice how a board will feel and to get some constructive techniques to use when your time comes, or to pass onto your subordinates.

Bullet Writing

Contact MSgt Jessica De La Mora at 505-846-2640

Earn 20 points!

Provides members of all ranks bullet writing skills to be competitive at writing an EPR/OPR.

Employment Track

Contact A&FRF Staff at 505-846-0741

Earn 120 Points!

Service Members wishing to enter the workforce post-transition will learn various job search techniques, labor market information, resume and interview skills and much more.

Combat Study Skills

Contact MSgt Jessica De La Mora at 505-846-2640

Earn 10 points!

Provide enhanced study skills/habits (CDCs, EPME, Check-ride, and WAPs).

Education Track

Contact A&FRF Staff at 505-846-0741

Earn 120 points!

Service members pursuing a college education will receive guidance to prepare for the college application process. Addresses identifying educational goals, education funding, researching and comparing schools.

Entrepreneurship Training Track

Contact A&FRF Staff at 505-846-0741

Earn 120 Points!

Service members pursuing self-employment in the private sector will learn about the challenges faced by entrepreneurs, the benefits and realities of entrepreneurship, and the steps toward business ownership. Upon completing this track, service members will have developed the initial components of their business plan.

First Sergeant Symposium

Contact Kirtland First Sergeant Council President at 505-853-6475

Earn 35 points!

A 3-day course that provides the fundamentals of performing first sergeant duties within an organization. Lessons include basic first sergeant responsibilities, introduction to Manual for Courts Martial, nonjudicial punishment procedures, counseling/mediation, death & command responsibility, housing issues, authorized/unauthorized absences, promotions, demotions, separations, etc.

Mental Health First Aid Course

Contact Teresa Reinhard at 505-846-6427

Earn 80 points!

An 8-hour course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders in your community. Only a licensed professional may diagnose mental illnesses or substance abuse. The evidence behind the program demonstrates that it does build mental health literacy, helping the public identify, understand, and respond to signs of mental illness. Studies have shown that the program reduces the social distance created by negative attitudes and perceptions of individuals with mental illnesses. A list of all Mental Health First Aid studies and academic reviews from around the world is available <https://mhfa.com.au/research/mhfa-course-evaluations>. Participants are encouraged to bring note taking materials. Offered 1-2 times a year and open to anyone with base access.

Noncommissioned Officer & Senior Noncommissioned Officer Professional Development Course

Contact Career Assistance Advisor at 505-846-2640

Earn 35 points!

The NCO and SNCO PEC are week-long professional enhancement courses intended to assist newly selected TSgts or MSgts in their transition into the NCO

or SNCO tier by providing an in-depth view of their increased supervisory, leadership, and managerial responsibilities.

Resume Writing Workshop

Contact A&FRF at 505-846-0741

Earn 20 points!

Learn how to begin the process of writing an effective resume which will open the door to your next career opportunity.

Retraining 101

Contact MSgt Jessica De La Mora 505- 846-2640

Earn 15 points!

Provide information regarding retraining into another AF career.

Team Kirtland Disability Employment & Volunteer Awareness Exhibition

Contact Ms. Sundra Thomas at 505-853-1774

Earn 10 points!

Course/Event Description: Information on resources for disabled employees, families, and employers.

Ten Steps to a Federal Job

Contact A&FRF Staff at 505-846-0741

Earn 30 points!

Interested in Federal Employment? Frustrated by non-referrals on USAJobs.gov? Learn how to successfully navigate USAJobs.gov and how to match your resume to the job announcement. Ten Steps To a Federal Job Federal Job provides information and guidance on locating and applying for federal job vacancies. Ten Steps is offered by a certified Federal Career Coach. Open to all personnel with base access.

The Stars are Lined up for Military Spouses

Contact A&FRF Staff at 505-846-1704

Earn 15 points!

Federal Resume writing class, specifically geared towards spouses.

Vocational Training

Contact A&FRF Staff at 505-846-0741

Earn 120 points!

Service members pursuing technical training will receive guidance and help in selecting schools and technical fields. The Vocational Training Track addresses selection of a career and technical training school, the application process, the certification finder web tools and other internet resources.

END OF LIST