

Did you know the New Parent Support Nurse can help you with...

- **Questions about pregnancy, parenting, and relationships?**
 - **Questions about breastfeeding or nutrition?**
 - **Questions about baby's growth and development?**
 - **Questions about sleep or tantrums or toilet training?**
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**If you are expecting (pregnant or adopting) or have a child under 36 months and have these or any other questions, call the Family Advocacy Nurse at
505-846-6743/505-846-0139
or email:
deborah.j.osullivan.civ@health.mil**

